

ELEVATE Programs

Side-by-Side Quick Comparison

Program Track	<i>ELEVATE Essentials</i>	<i>ELEVATE Professional</i>
Target Audience	<i>Undergraduate students</i>	<i>PG Students Licensed professionals</i>
Duration	<i>8 weeks intensive</i>	<i>12 Weeks</i>
Investment	<i>₹24,999</i>	<i>₹79,999</i>
Time Commitment	<i>5-10 hours/week</i>	<i>10-20 hours/week</i>
Case Studies	<i>50 scenarios</i>	<i>150+ scenarios</i>
IntelliCare-PRO	<i>Educational (11 weeks)</i>	<i>Clinical (6 months)</i>
Journi-PRO	 <i>Not included</i>	 <i>Full access</i>
Clinical Supervision	 <i>Not included</i>	 <i>Weekly 1-on-1 + group</i>
Live Shadowing	 <i>Simulations only</i>	 <i>10+ hours real sessions</i>
Client Practice	 <i>Not allowed</i>	 <i>Supervised caseload</i>
Paid Internship (top performers)	 <i>Unpaid Internship</i>	 <i>3 months (₹10k/month)</i>
Live Sessions	<i>10+ hours (7 workshops)</i>	<i>25+ hours</i>
Career Focus	<i>Exploration & preparation</i>	<i>Professional practice</i>
Best For	<i>Career foundation</i>	<i>Clinical competency</i>
Primary Outcome	<i>Graduate school ready</i>	<i>Practice ready</i>

Choose ***ELEVATE-UG if:***

- ✓ Choose
- ✓ Exploring mental health careers
- ✓ Need graduate school prep
- ✓ Want crisis intervention certification
- ✓ Have 8 weeks for intensive learning
- ✓ Budget: ₹19,999
- ✓ Want faster career clarity

Choose ***ELEVATE Pro if:***

- ✓ Master's degree in psychology/counseling
- ✓ Ready for supervised clinical practice
- ✓ Want to build/enhance your practice
- ✓ Need patient management tools
- ✓ Can commit 8 months full-time
- ✓ Investment: ₹79,999
- ✓ Seek professional certification

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My Safe Spaces - Training & Certification Programs